Chinese Food Culture Summer Program

May 21st - June 11th, 2016

Jiangnan University, Wuxi, China

Schedule

Instructor: local teachers from Jiangnan University

| Week 1 | Day | Time | Lectures & Activities |
|--------|------|--------------|---|
| 5/21 | Sat | am/pm | Leave your home country (you need to book your |
| | | | own flight). |
| 5/22 | Sun | pm | Arrive at Pudong International Airport, Shanghai |
| | | | This is check-in day |
| 5/23 | Mon | am | Welcome presentation by the International office of |
| | | | Jiangnan University |
| | | pm | Getting organized and tour of the campus |
| | | pm | Welcome dinner |
| 5/24 | Tue | 9:00-11:00am | Lecture 1: Food is-from a Chinese viewpoint |
| | | 2:00-4:00pm | Lecture 2:Chinese Language |
| 5/25 | Wed | 9:00-11:00am | Lecture 3: Food in Chinese Traditional Festivals |
| | | 2:00-4:00pm | Lecture 4: Chinese Language |
| 5/26 | Thu | 9:00-11:00am | Lecture 5: Chinese tea culture and contemporary |
| | | | development |
| | | 2:00-4:00pm | Lecture 6: Chinese Language |
| 5/27 | Fri | 9:00-11:00am | Lecture 7: Art and Culture of Wuxi Garden |
| | | 2:00-4:00pm | Visiting downtown(Chong AN Si) |
| 5/28 | Sat | Whole day | Huishan Ancient Town, Xihui Park |
| 5/29 | Sun | Whole day | Free |
| 3/29 | Sull | | I I CO |
| Week 2 | Day | Time | Lectures & Activities |
| 5/30 | Mon | 9:00-11:00am | Lecture 8: What makes Chinese Food so delicious |
| | | 2:00-4:00pm | Lecture 9:Chinese Language |
| 5/31 | Tue | 9:00-11:00am | Lecture 10:Calligraphy & Chinese painting |
| | | 2:00-4:00pm | Lecture 11: Chinese Language |
| 6/1 | Wed | am-pm | Bus to Nanjing: Ming City Wall, Ming tomb, |
| | | | Jiming Temple. |

| 6/2 | Thu | am | Nanjing Museum |
|--------|-----|--------------|--|
| | | pm | Bus to Yangzhou: Geyuan Garden, Dongguan Street |
| 6/3 | Fri | pm | Slender Lake |
| | | | Visit to culinary school ,return to wuxi |
| 6/4 | Sat | Whole day | Free Free |
| 6/5 | Sun | Whole day | Free Free |
| | | | |
| Week 3 | Day | Time | Lectures & Activities |
| 6/6 | Mon | am | Lecture 12: Wisdom of balance in diet and cuisine: |
| | | | Dietary application of Chinese Yin and Yang theory |
| | | 2:00-4:00pm | Lecture 13:Chinese Knitting |
| 6/7 | Tue | 9:00-11:00am | Lecture 14: Ceramics |
| | | 2:00-4:00pm | Free |
| | | 5:30pm | Farewell dinner |
| 6/8 | Wed | Whole day | Free |
| 6/9 | Thu | am | Bus to Shanghai: Shanghai Pearl TV Tower |
| 6/10 | Fri | am –pm | Cheng Huang Temple, Shanghai Museum |
| | | | Lunch at Cheng Huang Temple |
| | | | Night in Shanghai. |
| 6/11 | Sat | | Leave for Home |

| Colors | Activity with faculty & students | |
|--------|----------------------------------|--|
| | Academic Activities | |
| | Sightseeing | |
| | Free | |

A. Program Overview

2016 Chinese Food Culture Summer Program designed by Jiangnan University lasts for three weeks, from 21st May to 11th June, 2016. The whole program aims to deepen the understanding of food culture in China. It consists of altogether 14 lectures, several tours and visits, as well as activities with local students.

5 lectures in food culture will be given, including food is-from a Chinese viewpoint, wisdom of balance in diet and cuisine: dietary application of Chinese Yin and Yang theory, Chinese tea culture and contemporary development, Food in Traditional Chinese Festivals and what Chinese do at the dinner table. Many practical lectures are involved, such as calligraphy, ceramics and knitting.

After lectures, students will be able to experience what they have learned in class by visiting such as gardens, old streets, ancient town, museum, culinary school and so forth. Students can also try to make your Chinese food with our local students from baking group of School of Food Science.

Notes:

1. Instructor: Local teachers from Jiangnan University

2. Language: English

3. The schedule is subject to objective conditions.

Students will get 2 credits as well as a certificate after the completion of the summer school.

B. Participants

This program is open to all International students (undergraduate or graduates) who have interests in Chinese Food culture and other traditional culture. The program will not be open if participants lower than 5 students.

C. Fee

9200 RMB per person. Fees including lecture fees, accommodation, local transportation, express mail fee, city tours, meals, meal card, materials, etc.

Due to reconstruction of International Students' Building, summer school students will live in a hotel very close to campus, about 5 minutes by walking.

D. Application

Please email the APPLICATION FORM and scanned copy of your PASSPORT to Ms.Qin Jie: <u>jqin@jiangnan.edu.cn</u> by 11th March, 2016.

Students will be informed whether they are accepted or not by 20th March, 2016.

E. Visa

Once your application is confirmed, we will email you the <u>invitation letter</u> and <u>accommodation offer letter</u> for your visa application.

F. Payment

Account with Bank: Bank of China, Wuxi Branch Bank Address: No.258 Zhongshan Road, Wuxi 214002, Jiangsu, P. R. China

Swift code: BKCHCNBJ95C

Beneficiary: Name: Jiangnan University
Account No.: 474158228044

Address: No.1800 Lihu Road, Wuxi 214122, Jiangsu, P. R. China

City/Province: Wuxi/Jiangsu

Tel: 0510-85913145

<u>Notes:</u> International Office of Jiangnan University will contact participants to make the payment. Please email the receipt to <u>jqin@jiangnan.edu.cn</u> after you've made the payment.

G.Pick-up service

<u>Arrival</u>: The volunteer students will wait at the exit of Terminal 2, Pudong International Airport from 12:00 am to 6:00 pm. The coach will leave for Jiangnan around 7:00 pm.

Notes: We will inform you, if there is any change.

H. Introduction to the city of Wuxi and Jiangnan University

Wuxi (无锡) is a city on the Yangtse River between Suzhou and Nanjing, and is located in the south of Jiangsu Province, half way between the cities of Shanghai and Nanjing. To its south is Lake Taihu and to its north is Yangtse River. It has a rich history of over 3,000 years and is the birthplace of the Wu culture. Nowadays, the city is under direct jurisdiction of the province and governs two county-level cities and seven districts. As one of the birthplaces of China's national industry and commerce, Wuxi is one of the fifteen economic centers in China. For its recent rapid development, Wuxi has been dubbed the "little Shanghai".

Jiangnan University, situated in the beautiful city of Wuxi, Jiangsu Province, is one of China's national key "211 Project" universities, one of "985" platform universities, and functions directly under China's Ministry of Education. Reputed as the "Pearl of China's Light Industry Higher Education", Jiangnan University's roots stretch back to 1902 when its predecessor, San Jiang Normal School, began its first term. It consists of 17 schools and 51 undergraduate programs and has about 20,000 full-time undergraduates and over 9,000 part-time students receiving continuing education. Currently there are 5,700 doctoral and master candidates studying on campus. Jiangnan University boasts 15 national and provincial key disciplines. Among them, Food Science and Engineering, and Light Industry Technology and Engineering at Jiangnan University ranked first, and Textile Science and Engineering ranked second according to the 2009 National First-level Discipline Assessment carried out by the China Academic Degrees and Graduate Education Development Centre in the Ministry of Education.

Application Form for 2016 Chinese Food Culture Summer Program Jiangnan University, Wuxi, China

| Home institution | |
|--|--------------|
| Name | Gender |
| Date of birth | Passport No. |
| Phone number | Email |
| Level of study | Major |
| Permanent address | |
| Mailing address | |
| Emergency contact(name, relationship and contact) | |
| Contact information from home institution(name, position, contact) | |